

Preventative Measures Against Infectious Diseases Such As Measles and Rubella

To prevent a possible outbreak of Measles and Rubella on campus, Kobe University requires all applicants to submit one of the following three certificates (Note: Students admitted into the School of Medicine [Faculty of Medicine and Faculty of Health Sciences], the Graduate School of Medicine, and the Graduate School of Health Sciences should submit ① or ③):

- ① Vaccination Certificate to prove that they were inoculated with measles and rubella vaccines (or combined vaccine including measles and rubella vaccines, for example, MR vaccine) twice in their lives. The Certificate must be issued by an accredited medical institution and state the type of vaccine and the date of inoculation.
- ② Vaccination Certificate given to students who were inoculated with measles and rubella vaccines (or combined vaccine including measles and rubella vaccines, for example, MR vaccine) within the last five years. The Certificate must be issued by an accredited medical institution and state the type of vaccine and the date of inoculation.
- ③ Antibody Test Certificate given to students who display adequate antibody titer in their blood to prevent developing measles or rubella within the last five years. The Certificate must be issued by an accredited medical institution and state the measuring method and the measured values.

Students entering in April must submit one of the above at the routine medical check-up scheduled in early April, while students entering in October must do so at the routine medical check-up scheduled in mid-October.

If the antibody titer level is below the requirement yet you cannot be inoculated with one of the vaccines listed above for any reason, please present the document (for example, a certificate issued by the doctor) to explain why.

Successful applicants for the Graduate School of Medicine, Graduate School of Health Sciences and the Graduate School of Maritime Sciences will be given a separate medical check-up on their own campuses; therefore certificates must be submitted to the Medical Center for Student Health (Kusunoki branch), the Health room for student (Myodani branch) and the Medical Center for Student Health (Fukae branch) respectively, by April 10.

The schedule of medical check-up for these students is as follows:

Graduate School of Maritime Sciences: April 27

Graduate School of Health Sciences: May 17

Graduate School of Medicine: June 2

The Measuring Methods and Judging Standards of Protective Antibody Value

	Measuring Method	Judging Standard	Remarks
Measles	IgG-EIA method	$8.0 \leq$ $*(16.0 \leq)$	Positive result by one of these three methods: * School of Medicine and Graduate Schools of Medicine and Health Sciences require values that are higher than bracketed values.
	PA method	$128 \leq$ $*(256 \leq)$	
	NT method	$4 \leq$ $*(8 \leq)$	
Rubella	HI method IgG-EIA method	$32 \leq$ $8.0 \leq$	Positive result by one of these two methods(HI method is better)

The protective antibody value differs according to the measuring method used. Please note that the required protective antibody value is higher than the normal level considered to be positive. Students who wish to enter the School of Medicine, the Graduate Schools of Medicine and Health Sciences are required to have an even higher level of protective antibody values against measles.

If your antibody titer level is below these values, please take the required vaccination and submit the Vaccination Certificate. Please ask the doctor to issue you a necessary certificate by showing him/her this notice.

[Note]

In addition to the above mentioned certificate for measles and rubella, students entering into the School of Medicine (Faculties of Medicine and Health Sciences) and the Graduate Schools of Medicine and Health Sciences must also submit a certificate to prove that ① they have received two inoculations of vaccines for chickenpox and mumps (epidemic parotitis) or ② they have adequate antibody titer level ($4.0 \leq$ by IgG-EIA method for both chickenpox and mumps). Take the enclosed form with you to the medical institution and have the doctor fill it out. Hand this certificate into the designated center or office by the deadline listed below.

School/Graduate Schools	Where to submit	Deadline
School of Medicine	Medical Center for Student Health	End of July
Graduate School of Health Sciences	Health room for student (Myodani branch)	(April start students) End of December
Graduate School of Medicine	Medical Center for Student Health (Kusunoki branch)	(October start students)

If the antibody titer level is below the requirement yet you cannot be inoculated with one of the vaccines listed above for any reason, please present the document (for example, a certificate issued by the doctor) to explain why.

- ※ When going to a medical institution, please ask the doctor to issue you a necessary certificate by showing him/her the Japanese version of this notice.
- ※ Please bring the original certificate and an A4-size copy with you when submitting.

Inquiries:

Medical Center for Student Health

TEL. 078-803-5245

Student Support Division, Life Support Group

TEL. 078-803-5219